

JULY • LUNCH • PROGRAMS • MOVIES • 2017

Mon	Tue	Wed	Thur	Fri	Sat
3 4th OF JULY \$2 SPECIAL Grilled Hot Dogs w/Chili, Potato Salad & Watermelon HOT FUDGE SUNDAES Weekly Salad Special Margarita Shrimp	4 Closed in observance of 4th of July	5 Wednesday Program Fountain of Youth Training 2:30pm Diment Hall Refreshments	6 Roasted Orange Chicken Chocolate Cream Pie	7 Salmon Fillet with Mango Salsa Brown Rice Vegetables Key Lime Pie	8 Cinema Fences PG-13, 2016 Drama 2 hrs 19 min Denzel Washington 1:00pm, Blanchard A
10 Roasted Chicken Curry Vegetables Pecan Pear Tart Weekly Salad Special Chicken Sesame	11 <u>Breakfast</u> 9:00am-10:00am, \$3 Breakfast Burritos Honey Lemon Chicken Ice Cream	12 Wednesday Program Living Long, Healthy & Energetic - Prevent Diseases 2:30pm Diment Hall Refreshments	13 Pork Osso Buco; Pork Shank in Sauce, Mashed Potatoes & Vegetables Raspberry Almond Tart	14 Parmesan Encrusted Tilapia Peach Pie	15 Cinema The Jungle Book PG, 2016 Adventure 1 hr 45 min Neel Sethir 1:00pm, Blanchard A
17 NEW! Chicken Divan Creamy Chicken with Broccoli Cherry Pie Weekly Salad Special Strawberry Pecan Chick	18 Beef Bourguignon Mashed Potatoes Blackberry Cobbler	19 Wednesday Program Storytelling with Tony Albano 2:30pm Diment Hall Refreshments	20 Chicken Picatta, Brown Rice, Vegetables Birthday Cake	21 Sand Dabs with Asian Citrus Sauce Ice Cream	22 Cinema A Dog's Purpose PG, 2017 Drama 1 hr 40 min Dennis Quaid 1:00pm, Blanchard A
24 Roast Pork Loin Red Potatoes & Vegetables Triple Berry Pie Weekly Salad Special Chopped Turkey	25 <u>Breakfast</u> 9:00am-10:00am, \$3 Pancakes Roast Turkey Dinner Stuffing, Cranberry Sauce, Gravy Pumpkin Pie	26 Wednesday Program Monterey Bay Village Looking Ahead Wellness Series, Preventing Type 2 Diabetes 2:30pm Diment Hall Refreshments	27 Jambalaya Ice Cream	28 Beef Brisket Baked Beans Apricot Custard Tart	29 Cinema Arrival PG-13 2016 Sci-Fi 1 hr 48 min Amy Adams 1:00pm, Blanchard A
31 Lasagna Caesar Salad Spumoni Weekly Salad Special Taco	<u>Lunch served Mon, Tue, Thur & Fri, 11:45am-1:00pm</u> Hot Entree \$4.00 Large Hot Entree \$7.00 Salad Entree/Du Jour \$4.00 (Chicken Caesar, Shrimp, Chinese Chicken) Cup of Soup \$1.25, Bowl of Soup \$2.00, Fruit Cup \$1.25 Large Green Salad \$3.00, Small Variety/Fruit Salad \$1.75, Jello \$1.00 Dessert \$1.50, Sides \$1.00, Beverages \$.50-\$1.00				Hot Breakfast served for \$3 Tuesday, July 11 & 25 9:00am-10:00am Bring a guest to lunch for member price: 2nd Tues of the month



An Adventure in Neighborliness: the concept remains fresh and the spirit of our organization continues.

www.carmelfoundation.org