




# NOVEMBER 2008

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Coq au Vin  Pineapple Upside Down Cake	<b>4</b> Braised Beef Short Ribs  Tapioca w/Berries	<b>5</b> <b>Flu Shot Day!</b> 9:30am - 1:30pm Diment Hall <i>(Voucher Required)</i>	<b>6</b> Suisse Chicken Enchilada  Flan	<b>7</b> <b>NEW!</b> Dijon Herb Encrusted Salmon  Cheese Cake
<b>10</b> Beef Stroganoff  Apple Berry Crisp	<b>11</b> Lemon Rosemary Roast Chicken  Carrot Cake	<b>12</b> <b>PROGRAM</b> "Nutritional Supplements Part II" 2:30pm Diment Hall Refreshments	<b>13</b> Pot Roast  Cherry Pie	<b>14</b> Liver w/Bacon & Onions  Key Lime Pie
<b>17</b> Chicken Piccata  Pecan Pear Tart	<b>18</b> Shepherd's Pie  Peach Crisp	<b>19</b> <b>PROGRAM</b> "Grand Tour of Israel" 2:30pm Diment Hall Refreshments	<b>20</b> Quiche Bacon or Spinach  Birthday Cake!	<b>21</b> Salmon Fillet w/Hollandaise  Lemon Meringue Pie
<b>24</b> Beef Bourguignon  Peach Pie	<b>25</b> Parmesan Encrusted Chicken  Blueberry Pie	<b>26</b> <b>NO PROGRAM</b> <i>Preparation for Thanksgiving Dinner</i>	<b>27</b> Thanksgiving Dinner  Reservations Required	<b>28</b> The Foundation is <b>CLOSED</b> in Observance of Thanksgiving 
<b>December 1</b> BBQ Chicken  Chocolate Cream Pie	<b>December 2</b> Meatloaf  Cherry Cobbler	<b>December 3</b> <b>PROGRAM</b> "Cannery Row Historian" 2:30pm Diment Hall Refreshments	<b>December 4</b> Lasagna Meat or Spinach  Spumoni Ice Cream	<b>December 5</b> Catfish Fillet  Sweet Potato Pie

## Dining Room Hours: 11:40am – 1:00pm

Green Salad, Fruit Salad, Two Homemade Soups  
Homemade Bread Served Daily

### Prices

Cup of Soup \$1.20, Bowl of Soup \$2.00  
 Fruit Cup \$1.20, Fruit Salad \$1.85, Small Variety Salad \$1.85, Jello \$1.00  
 Salad Entrée: Chicken Caesar, Shrimp, Chinese Chicken or Tofu \$4.00  
 Large Green Salad: \$3.00  
 Hot Entrée \$4.00, Large Hot Entrée \$5.00, Dessert \$1.50  
 Beverages \$.50, Sides \$1.00, Additional Condiments \$.50

## REMINDERS

In consideration of members and guests who follow you in line, please take no more than 4 pieces of bread.

Food is not permitted to be taken from the designated dining areas.

Guest lunch passes are available at the Main Reception Desk for \$8.00.