

# OCTOBER • LUNCH • PROGRAMS • MOVIES • 2018

Mon	Tue	Wed	Thur	Fri	Sat
<b>1</b> Quiche; Spinach or Bacon/Onion Salad Peach Crisp  Weekly Salad Special Chopped Turkey	<b>2</b> Rosemary Lemon Chicken Rice & Vegetables Ice Cream	<b>3</b> Wednesday Program An Illustrated View of Historic Hotel Del Monte 2:30pm Diment Hall Refreshments	<b>4</b> BBQ Pulled Pork Sandwich, Coleslaw & Sweet Potato Fries Cherry Pie	<b>5</b> Salmon Fillet with Hollandaise Brown Rice & Vegetables Cheesecake	<b>6</b> Cinema Suburbicon R, 2017 Dark Comedy 1 hr 45 min Matt Damon 1:00pm, Blanchard A
<b>8</b> Chicken Divan; Creamy Chicken with Broccoli Banana Split Pie  Weekly Salad Special Taco	<b>9</b> Pot Roast Red Potatoes Vegetables Blackberry Cobbler  Bring a guest to lunch for member price	<b>10</b> Wednesday Program BODIE, Good Times & Bad 2:30pm Diment Hall Refreshments	<b>11</b> Chicken Cordon Bleu Brown Rice & Vegetables Ice Cream	<b>12</b> Sole Florentine; Fillet of Sole with Spinach & White Sauce Key Lime Pie	<b>13</b> Cinema The 15:17 to Paris PG-13, 2018 Real Life Drama 1 hr 34 min Spencer Stone 1:00pm, Blanchard A
<b>15</b> Carnitas Tacos Apricot Custard Tart  Weekly Salad Special Nicoise	<b>16</b> Roast Turkey Dinner Stuffing Cranberry Sauce Gravy Pumpkin Pie	<b>17</b> Wednesday Program Monterey College of Law Presents Free Legal Resources for Carmel Foundation Members 2:30pm Diment Hall Refreshments	<b>18</b> Beef Bourguignon Mashed Potatoes Birthday Cake	<b>19</b> Trout Almondine Rice & Vegetables Ice Cream	<b>20</b> Cinema Book Club PG-13, 2018 Comedy 1 hr 44 min Diane Keaton 1:00pm, Blanchard A
<b>22</b> Fettuccine Alfredo With Pesto & Grilled Chicken Breast Ice Cream  Weekly Salad Special Cobb	<b>23</b> Baked Ziti with Italian Sausage Banana Cream Pie	<b>24</b> Wednesday Program MBV - Looking Ahead Wellness Series – Balance and Fall Prevention 2:30pm Diment Hall Refreshments	<b>25</b> Chicken Marsala Vegetables Apple Pie à la mode	<b>26</b> Beef Brisket Baked Beans Bread Pudding	<b>27</b> Cinema Last Flag Flying R, 2017 Drama 2 hr 4 min Steve Carell 1:00pm, Blanchard A
<b>29</b> Beef Stew Carrots & Potatoes Savory Gravy Butterscotch Pie  Weekly Salad Special Greek	<b>30</b> Roasted Orange Chicken Ice Cream	<b>31</b> Wednesday Program Medicare Update 2:30pm Diment Hall Refreshments	<b>Lunch served Mon, Tue, Thur &amp; Fri, 11:45am-1:00pm</b> Hot Entree \$4.00 Large Hot Entree \$7.00 Salad Entree/Du Jour \$4.00 (Chicken Caesar, Shrimp, Chinese Chicken) Cup of Soup \$1.25, Bowl of Soup \$2.00, Fruit Cup \$1.25 Large Green Salad \$3.00, Small Variety/Fruit Salad \$1.75, Jello \$1.00 Dessert \$1.50, Sides \$1.00, Beverages \$.50-\$1.00		



An Adventure in Neighborliness: the concept remains fresh as the spirit of our organization thrives.

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