

JULY • LUNCH • PROGRAMS • MOVIES • 2018

Mon	Tue	Wed	Thur	Fri	Sat
2 Chicken Divan; Creamy Chicken with Broccoli Peach Berry Pie Weekly Salad Special Cobb	3 4th OF JULY \$2 SPECIAL Grilled Hot Dogs w/Chili, Potato Salad & Watermelon HOT FUDGE SUNDAES	4 The Carmel Foundation is closed in observance of Independence Day Happy 4th of July!	5 Roast Pork Loin Red Potatoes & Vegetables Cherry Crisp	6 Salmon Fillet with Mango Salsa Brown Rice Vegetables Ice Cream	7 Cinema Phantom Thread R, 2017 Drama 2 hr 10 min Daniel Day-Lewis 1:00pm, Blanchard A
9 Lasagna Caesar Salad Spumoni Weekly Salad Special Greek	10 Roast Turkey Dinner Stuffing Cranberry Sauce Gravy Pumpkin Pie Bring a guest to lunch for member price	11 Wednesday Program Carmel Honey Company - Honey, Bees & Pollination! 2:30pm Diment Hall Refreshments	12 Coq Au Vin Chocolate Cream Pie	13 Catfish Lemon Meringue Pie	14 Cinema Murder on the Orient Express PG-13, 2017 Crime Thriller 1 hr 54 min Kenneth Branagh 1:00pm, Blanchard A
16 Beef Stroganoff Mushroom Cream Sauce, Egg Noodles Triple Berry Pie Weekly Salad Special Strawberry Pecan Chick	17 Parmesan Encrusted Roast Chicken, Mashed Potatoes & Gravy Ice Cream	18 Wednesday Program Conservatorships and Seniors, Resources & the Law 2:30pm Diment Hall Refreshments	19 Cheese Manicotti Birthday Cake	20 Korean Beef & Broccoli Tapioca	21 Cinema Queen of the Desert PG-13, 2017 Drama 2 hr 8 min Nicole Kidman 1:00pm, Blanchard A
23 Italian Chicken Parmesan; Mozzarella & Marinara Sauce Peach Crisp Weekly Salad Special Chopped Turkey	24 Pork Osso Buco; Pork Shank in Sauce, Mashed Potatoes & Vegetables Blueberry Pie	25 Wednesday Program MBV Wellness Series - Important Discoveries of Functional Medicine 2:30pm Diment Hall Refreshments	26 Chicken Picatta Brown Rice & Vegetables Ice Cream	27 Tilapia Vera Cruz, Tomato Caper Sauce Cheesecake	28 Cinema Molly's Game R 2017 Drama 2 hr 21 min Jessica Chastain 1:00pm, Blanchard A
30 Chicken Fried Steak Mashed Potatoes Blackberry Cobbler Weekly Salad Special Taco	31 Southern Chicken Curry Ice Cream	Lunch served Mon, Tue, Thur & Fri, 11:45am-1:00pm Hot Entree \$4.00 Large Hot Entree \$7.00 Salad Entree/Du Jour \$4.00 (Chicken Caesar, Shrimp, Chinese Chicken) Cup of Soup \$1.25, Bowl of Soup \$2.00, Fruit Cup \$1.25 Large Green Salad \$3.00, Small Variety/Fruit Salad \$1.75, Jello \$1.00 Dessert \$1.50, Sides \$1.00, Beverages \$.50-\$1.00			

