

The Carmel Foundation Wednesday Programs March 2018

Refreshments Served Immediately Following the Program

Home Care, What is it and what are my options?

Time: Wednesday, March 7, 2:30pm

As a person begins to age, family members often feel the need to help with everyday tasks that are now challenging for a loved one. This can include activities like meal preparation, laundry and housekeeping. Eventually, many family members find themselves assisting in ways they never expected, like hygiene and grooming. David Bullard, founder and President of Right at Home - Monterey Bay Area will discuss and take questions regarding home care options.

Being Mortal: Medicine and What Matters in the End

Time: Wednesday, March 14, 2:30pm

Join Hospice Giving Foundation for a screening and discussion of the PBS FRONTLINE film Being Mortal. Based on the best-selling book by Atul Gawande, MD., this documentary explores the hopes of patients and families facing terminal illness and their relationships with the physicians who treat them. See the film and be part of a facilitated discussion with Shary Farr on what matters most to patients and families facing difficult treatment decisions and how to have these conversations ahead of a medical crisis.

Safe and Sane Use of the Internet

Time: Wednesday, March 21, 2:30pm

Join Todd Sergot, an information technology professional and Director of Service for The Alvarez Technology Group, as he gives you the tools to protect your identity online. In addition, we'll allow expanded time for questions and answers after the presentation.

Monterey Bay Village Looking Ahead Wellness Series – Leading the Way to a World Without Alzheimer's: An Update on the Latest Research

Time: Wednesday, March 28, 2:30pm

Join Claire Day, Chief Program Officer from Northern California Alzheimer's Association, to hear some results from the 2017 and 2016 Alzheimer's Association International Conference (AAIC) related to both pharmacological and non-pharmacological studies. In addition, you will learn how research has advanced through the years and how funding is impacting the trajectory of the disease.

