

# **The Carmel Foundation Wednesday Programs May 2018**

Refreshments Served Immediately Following the Program

## **BIRDS: Poetry, Stories, and Hoots!**

Time: Wednesday, May 2, 2:30pm

Local Carmel Bard, Taelen Thomas, brings his unique blend of storytelling and performance to explore: the dynamic lives of local pelicans; the mysterious and startling skills of the mockingbird; the hoots and habits of owls and loons; the table manners of young vultures (paired with a Robinson Jeffers poem); the songs, dances, and underwater river walks of the American Dipper; the deadly duels of hummingbirds; plus much more!

## **Take Control of Your Driving Future**

Time: Wednesday, May 9, 2:30pm

Senior Driving Ombudsman, Rosemary Robles will discuss how to take control of your driving future. Other topics for discussion will include: Myths about older drivers, license renewal options, Compensating for age related changes, safe driving tips, transportation alternatives & individual appropriate options.

## **Five Funny Little Plays – Presented by Legacy Players of the Western Stage**

Time: Wednesday, May 16, 2:30pm

Join Harvey Landa and his Legacy Members as they present five funny comedy shorts! The Western Stage is committed to enriching the culture of its community by bringing together professional artists, theatre students, and community members to produce a dynamic season of plays that enhances the lives of both the artist and audience. Join us and enjoy an afternoon of laughs!

## **Would You Believe!: My Life In Television by Andrew J. Selig**

Time: Wednesday, May 23, 2:30pm

Throughout a career that took him from office boy to television producer, Andrew Selig spent decades helping create some of the television shows that became part of our cultural heritage. From the early days of LIVE gameshows broadcast in black and white, through the advent of color television and videotaped series, this is the behind-the-scenes story of the making of American television.

## **Monterey Bay Village Looking Ahead Wellness Series – What Is Arthritis?**

Time: Wednesday, May 30, 2:30pm

Monterey Bay Village Looking Ahead Wellness Series – What Is Arthritis? – Join Dr. Neville Udawadia, Board-Certified Doctor of Internal Medicine and Rheumatology, who will discuss all forms of arthritis, how they differ from each other, the symptoms to look for, types of testing and the types of medication and treatment options available.

